Inclusive Dance UK
Different in Life - United in Dance

Official Invitation

Manchester, 24th July 2025

Dear Dancer,

In this package you will find all relevant documents for the;

BRITISH OPEN INCLUSIVE PARA DANCE SPORT CHAMPIONSHIP
24th 25th 26th OCTOBER 2025

This competition will run in combination with the World Para Dance Sport International Competition and is supported by World Abilitysport.
We hope that you will be able to join us.
We are looking forward to receiving your applications.

Sincerely,

Ray

Ray Bulpitt
British Open Inclusive Dance Championship 2025
+44 7828 201 044

British Open

Inclusive Para Dance Sport Championship

Promoter:	Ray Bulpitt Inclusive Dance UK, Unit 4 at 3 Hawthorne Lane, Wilmslow SK9 1AA UK Telephone: +44 1625 540 567 Mobile: +44 7828 201 044
E-Mail:	ray@inclusivedanceuk.uk
Date:	24th 25th 26th October 2025
Timetable Start:	10.00am
Competition Venue:	Stevenage Arts & Leisure Centre, Lytton Way, Stevenage, SG1 1LZ
Entry fee:	£28.00 per person covering the three days (Competitor Participant or Spectator)
Accommodation:	A Dinner bed and breakfast rate of £139 per person has been negotiated with the Stevenage Holiday Inn hotel. This rate will be available on 22 nd , 23, 24 th 25 th and 26 th October. Dinner will be provided on the day of arrival and breakfast on the day of departure; This accommodation agreement may only be booked through the Inclusive Dance UK who will issue a code with which to make payment to the hotel.

No lunches will be provided but there are several food outlets situated in the venue or in the vicinity.

Transport:

Transport airport/hotel/ Airport transfers to the hotel will be provided from Heathrow Luton and Stansted Airports. The cost of this per person will be £30 per single journey from and to Luton and Stansted Airports and £50 per person from and to Heathrow Airport. This charge will apply to all athletes, coaches and support staff.
Transportation must be confirmed and paid to Inclusive Dance UK no later than 1st October 2025
Airport transfers will only be available for athletes, coaches and support staff using the official hotel.

The venue and hotel are close to each other and in easy walking or pushing distance. As a result, no transport will be provided to or from the accommodation to venue. There is a good Uber service.

If you come by car, limited (first come first serve) onsite car park available £12.00 per night. Public car park located across the road, at reduced cost £5.00 per exit.

Eligibility:

This event is open to all dancers.

Visas:

Inclusive Dance UK will be happy to provide an invitation letter but will not cover the cost of visas.
All visitors who previously enjoyed visa-free travel to the United Kingdom will now require a UK ETA, Electronic Travel Authorisation, before traveling. This includes citizens from such countries as Australia, Canada, Germany, and the USA. Each person needs their own UK ETA. An Electronic Travel Authorisation will costs £16.
Apply online or through the UK ETA app or https://www.gov.uk/eta/apply

Procedure:

Wheelchair Couples will be dancing in two classes
Class (LWD) 1
Class (LWD) 2
For Duo the class is depending on the sum of points of the classification results of both partners as per WPDS Classification.

There will be pilot competitions for visually and intellectual impaired dancers, and athletes with mobility difficulty (standing dancers). More info at the Eligibility Section.

- Ambulant: Single Freestyle
- Visually Impaired: Combi Latin, Combi Standard and Combi Freestyle
- Intellectual Impaired: Single Freestyle and Duo Freestyle

- Athletes with visual and intellectual impairment will have to be registered and licensed. The MDF needs to be filled in English and by a medical doctor.

- Visual impaired athletes must fulfil the criteria; they must be registered visually impaired in their country of residence.
- Intellectual impaired athletes – must have met the Virtus Eligibility criterion. Please see page 2 of INTERNATIONAL SPORTS FEDERATION FOR PERSONS WITH INTELLECTUAL DISABILITY
- Athletes in the ambulant criteria must have uploaded A medical Diagnosis Form to WPDS SDMS system. The MDF needs to be filled in English and by a medical doctor Technical Delegate and Chief classifier considers them safe to compete standing.
- Only athletes who have been licensed by WPDS (including partners) will be taken in consideration for inclusion in the World Ranking Results.

Doping: Doping is forbidden in accordance with World Abilitysport/World Para Dance Sport Anti-Doping

Liability: The organiser is not liable for personal injuries, damage, or loss of property.

Security: **This is a ticketed event. Entry will be only on presentation of Wrist Band or Lanyard and these must be worn at all times for entry to the sport hall.**

Photography: Photographers must register with World Abilitysport by submitting a request form obtainable from Inclusive Dance UK in advance.

Dances - Timing:

Standard Ballroom Dances

	Class 1	**Class 2 & Standing**
Waltz	28-30 bars/min	28-30 bars/min
Tango	31-33 bars/min	31-33 bars/min
Viennese Waltz	56-58 bars/min	58-60 bars/min
Slow Foxtrot	28-30 bars/min	28-30 bars/min
Quickstep	48-50bars/min	50-52 bars/min

Time limit:
A maximum of 1½ minutes for Waltz, Tango, Slow Foxtrot, and Quickstep.
A maximum of 1 minute for Viennese Waltz.

Latin-American Dances:

	Class 1	Class 2 & Standing
Samba	48-50 bars/min	50-52 bars/min
Cha-Cha-Cha	28-30 bars/min	30-32 bars/min
Rumba	24-25 bars/min	25-27bars/min
Paso Doble	58-60 bars/min	60-62 bars/min
Jive	40-42 bars/min	42-44 bars/min

Time limit:

A maximum of 1½ minutes for Samba, Cha-Cha-Cha, Rumba, and Paso Doble.
A maximum of 1 minute for Jive.

All WPDS competitors can dance in the British Open Competition if they wish. This competition will be conducted under WPDS rules. Please read all the information carefully and fill out the forms as accurately as possible.

Dances in each Competition:

D CLASS:

Combi, Duo, Singles, Ambulant Couples and singles:

Standard - Slow Waltz, Tango, Quickstep
Latin American – Samba, Cha Cha Cha, Rumba

Single Dances:
Slow Waltz, Tango, Samba, Rumba

A CLASS

Standard Dances:

Combi, **Duo**
Slow Waltz, Tango, Viennese Waltz, Quickstep
Ambulant Couples and Singles
Slow Waltz, Tango, Slow Foxtrot, Quickstep

Latin-American Dances:

Combi, Ambulant Couples
Samba, Cha-Cha-Cha, Rumba, Jive
Duo
Samba, Cha-Cha-Cha, Rumba, Paso Doble

Single Dances:
Slow Waltz, Tango, Samba, Rumba, Jive

MAIN CLASS:

Standard Dances:

Combi, Duo, Singles, Ambulant Couples
Slow Waltz, Tango, Slow Foxtrot, Viennese Waltz, Quickstep

Latin-American Dances:

Combi, Duo, Ambulant Couples
Samba, Cha-Cha-Cha, Rumba, Paso Doble, Jive

Single Dances
Slow Waltz, Tango, Samba, Rumba, Jive

*** **Senior classes will be added subject to the number of entries** ***

GROUP DANCE:

Time limit: 3 Minutes (Recommended) including Entry and Exit.
Props are not permitted.
Inclusive pairs, in which one of the partners is physically impaired
Inclusive dance groups, that have members with a disability, and members without a disability.
Age categories for participants:
Children (3-12 years)
Juniors (13-18 years)
Youth and Adults (19 years and older)
Choreography in this event can include all dance styles of dance.

FREESTYLE:

Athletes may choose any type of music for Freestyle ShowdanceEvents)
The music must meet a specific length:
The duration for Singles: 1:30 min to 2min
The duration for Combi: 2:30 to 3min
The duration for Duo: 2:00 to 2:30min

Music must accompany entry form in mp3 format and must be audible and cleanly edited.

Dance Floor: 19m X 14m
A maximum of Eight (8) couples is allowed on the dance floor in each heat in each dance.

Judging: 5 or 7 Adjudicators

Entry: Please use the Official Entry Forms
All entries to be received by the organiser by 20th September 2025.
No entries will be considered without an entry form that is signed by the athlete. There will be a late entry fee of £50

Entry Fees Competitors	…… x £28.00
Entry fee Support staff and coaches	…… x £28.00
Late Entry fee & alterations	……. x £50.00

Payment: All entry and visitor fees are to be paid by the
Final Entry Deadline 20th September 2025.
There will be no refund of entry fees after 20th September 2025

To be paid by bank transfer to

Inclusive Dance UK
IBAN: GB46NWBK01096961720275
BIC: NWBKGB2L
REF: Group/ Instructor
NatWest Bank Sort code:01-09-69 Account No: 61720275

PLEASE CONTACT US IF YOU HAVE ANY QUERIES OR CONCERNS, WE WILL DO OUR BEST TO ASSIST.

E-Mail: info@inclusivedanceuk.uk

www.inclusivedanceuk.uk